

Most Holy Trinity Catholic School

September Menu 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Burrito or Mandarin Chicken Salad Fiesta Rice Fresh Veggies Fresh Fruit	2 Chicken Bites or Mandarin Chicken Salad Wheat Roll/ Corn Garden Salad Fresh Fruit	3 NO SCHOOL
6 LABOR DAY	7 Hamburger or Deli Sub Sandwich Oven Fries Veggie Sticks Fresh Fruit	8 Pizza or Deli Sub Sandwich Breadstick Garden Salad Fresh Fruit	9 Beef & Bean Nachos or Deli Sub Sandwich Fiesta Rice Carroteenies Fresh Fruit	10 Whole Grain Corn Dog or Deli Sub Sandwich Red-Fat Macaroni & Cheese/ Garden Salad Fresh Fruit
13 Chicken Bites or Egg, Cheese, Muffin Tray Wheat Roll/ Corn Veggie Sticks Fresh Fruit	14 Hamburger or Egg, Cheese, Muffin Tray Oven Fries Carroteenies Fresh Fruit	15 Pizza or Egg, Cheese, Muffin Tray Breadstick Garden Salad Fresh Fruit	16 Spaghetti or Egg, Cheese, Muffin Tray Cheese Breadstick Broccoli Fresh Fruit	17 Eggroll or Egg, Cheese, Muffin Tray Rice Pilaf Garden Salad Fresh Fruit
20 Whole Grain Corn Dog or Deli Turkey Sandwich Red-Fat Macaroni Cheese Garden Salad Fresh Fruit	21 Chicken Bites or Deli Turkey Sandwich Wheat Roll Whipped Potatoes Fresh Veggies Fresh Fruit	22 Chicken Sandwich Corn Carroteenies Fresh Fruit Cookie	23 Teriyaki Beef or Deli Turkey Sandwich Corn Muffin Rice/ Veggie Sticks Fresh Fruit	24 Soft Taco or Deli Turkey Sandwich Refried Beans Garden Salad Fresh Fruit
27 Pizza Sticks or Chef Salad Cottage Cheese Garden Salad Fresh Fruit	28 Hamburger or Chef Salad Oven Fries Garden Salad Fresh Fruit	29 Chicken Sandwich or Deli Turkey Sandwich Corn Carroteenies Fresh Fruit	30 Chicken Bites or Chef Salad Corn Muffin Vegetarian Beans Veggie Sticks Fresh Fruit	

****No child will be discriminated against because of race, sex, color, national origin or handicap****